**Problem-Solution Essay Example: Bullying**

                    Happiness is the primary reason a person lives, it is one’s goal in life. But how can individuals be happy when there are people engaging in the act of bullying? Bullying is a leading social issue among many young people today who are trying to find their place in the world. Its dictionary definition is the use of force, threat or coercion to abuse, intimidate or aggressively to impose dominance over others. This behavior is often repeated and habitual. I think that by starting stop bullying seminars & clubs, implementing stronger consequences and by encouraging individuality we can see fewer and fewer incidents of this happening in our middle schools today.

                    One way of stopping bullying is through campaigns and seminars regarding the effects of bullying. The audience should be bullies themselves so every middle school student should be included and in the seminar it should discuss the many negative results of this horrid act on victims. Statistics show that most bullies are not aware of these outcomes. Bullying is continued because teens who take part in this horrid act experience pleasure in the feeling of superiority. The reason as to why this horrid act takes place is primarily because of differences in class, race, gender, religion, sexuality, or appearance, behavior. If you think about it, anyone could be bullied. Many people have the tendency of looking at the negative side of one’s peer and those that they encounter in life. I realize that organizing these seminars would require time and money on the part of the school but I believe it is worth it because it is a onetime investment on the part of the school system and if it is done well. It can be reused for future classes of students. Once bullies realize the outcomes of their actions, hopefully cases will significantly lessen.

                    In order to completely eradicate bullying, there should be an anti-bully law that is strongly implemented in schools and in our legal system here in the United States. Implementing this as a law and giving severe punishments or sanctions to the violators who continue to perform this act will eventually lead other bullies to stop and learn from the bullies that are facing jail time for their inappropriate actions. Research has shown that being bullied can have an effect on student learning. Stress and anxiety can make it more difficult for teens to cope up with academic activities. Bullying may cause difficulty in concentration and decrease one’s ability to focus which makes it difficult for students to remember learned terms or lessons. Bullying can also lead to more serious concerns, kids who end up getting bullied often feel insecure and have low self esteem. If that pain is not relieved or addressed it can lead students to consider violent actions particularly suicide. Since anyone can be bullied this means that it is a problem for everyone. I realize that with stricter consequences we run the risk of some good kids getting caught up in their bad choices and those consequences would then follow them around for the rest of their lives but the reality of the situation is that as horrible as that is it is a necessary evil. I would love to think that everyone would make good choices but our penal system shows us that it doesn’t happen and unless we start dishing up stronger consequences then the bullying situation will only get worse. Together we should stand up against those that bully. Out of school suspension is no longer enough of a consequence for those who bully. There should be real jail time in a juvenile detention center and life-long consequence of having that on their criminal record for the rest of their life. We as a society need to make it clear that we will not tolerate a bully.

                    Bullying is a difficult social issue to stop since it has been happening for a very long time, that it why the third possible solution to the problem is remind victims or the one’s suffering from this act that each person is different from the other but not in a bad way. Most people who get bullied carry a unique characteristic that is not carried out by most individuals. Reminding victims that being different and having a unique characteristic or traits does not make one less of a human than the other. Constantly reminding each other that they are special will boost one’s self esteem and lessen the effects of bullying. I realize that society likes to group individuals together through commonalties and I am not saying that we need to stop that. Everyone needs to feel like they are part of something bugger but If individualism is embraced then those who attempt to bully based on differences will not have a leg to stand on and it is they themselves who will come off looking foolish so I see this solution as worth the risk.

                    As stated, bullying has been happening for quite some time now in society, totally eliminating it may be very difficult but nonetheless, possible. By implementing these solutions of educational seminars, implementing stronger consequences and encouraging individuality it can lessen the cases of bullying and pave the way for eradication