**Global Scrumptious Veggies**

Location: Mumbai, India Population: 22 million

School: **DR SARVEPALLI RADHAKRISHNAN VIDYALAYA**



Brief Description: Explore and create some global salads & collaborate with a school in another country.

**Overview of Activity**

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| Day 1 | * Find information on different Indian and Italian salads. * Analyze various Indian and Italian salad recipes. |
| Day 2 | * Prepare a PowerPoint presentation in groups that highlight the nutritional values of ingredients used in salads of both the countries. |
| Day 3 | * Use knowledge about ingredients, etc. to prepare one of the two salads in our Global Salad Party. * (Teacher judges) Evaluate the salads created |
| Day 4 | * Complete feedback and evaluations * Send video to school (Skype?) |

**Scrumptious Veggies Day 1**

Anticipation Guide: answer the following statements with a true or false.

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| Before Activity | Statement | After Activity |
|  | 1. Salads generally use the same ingredients. |  |
|  | 1. Banana is a common ingredient in an Italian salad. |  |
|  | 1. Cucumber is an ingredient found in some Indian salads. |  |
|  | 1. Salads are an important part of your daily diet. |  |
|  | 1. India and the United States of America have about the same population. |  |
|  | 1. Mumbai is the capital of India. |  |

Quick Write: answer the following question

Why do countries use different ingredients in their salads?

**Explore Indian and Italian Salad Recipes**

Use the PowerPoints on my website to complete the following activities.

Italian Salad

\*Write the type of Italian salad (many types) and the different food ingredients found in it.

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| **Type of Salad** | **Ingredients Included** |
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Indian Salad

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| **Type of Salad** | **Ingredients Included** |
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